

The 3rd Annual Hope, Hams, History & Hospitality Bicycle Tour

12, 35 & 50 Mile Rides



BIKE FOR A CURE!

April 24, 2010
The Smithfield Center
220 North Church Street
Smithfield, VA

www.IWSBeaconsOfHope.org



Hope – Beacons of Hope Relay For Life Team invites you to **celebrate** the lives of cancer survivors, **remember** family and friends lost to cancer and **fight back** by **BIKING FOR A CURE!**

Hams – Begin your ride in Smithfield, VA, world-renowned for its hams - *dry-cured, salted, smoked and aged*. Love those ham biscuits!

History – Visit three historic areas:

Docent led tours of the Old Courthouse of 1750, self-guided Tours of **Smithfield's Historic District** featuring historic homes and the Isle of Wight Museum highlight the history of our charming town.



At **Fort Huger**, the gateway to the Confederate Capital, take the docent led walking tour through the trails, see the cannons mounted along the edges of the fort and view the James River Ghost Fleet.

Chippokes Plantation State Park is one of the oldest working farms in the U.S. and a living historical exhibit. The plantation grounds are home to the Chippokes Mansion and the Farm and Forestry Museum.



Hospitality – Experience old-time hospitality by joining us for this beautiful bike ride through the back roads of Isle of Wight and Surry Counties. All registered riders receive

- 🌈 Refreshments & Box Lunches
- 🌈 Optional Tours at Historic Areas
- 🌈 SAG support during bike ride
- 🌈 Smithfield Passport to Savings Card

Schedule

- 7:30 Same Day Registration Opens
- 8:00 Start 50 mile *Fort Huger & Chippokes Plantation Ride*
- 9:00 Start 35 mile *Fort Huger Ride*
- 10:00 Start 12 mile *Smithfield Family Ride*
- 11:00 Box Lunches (*Available at Smithfield Center until 2:00 p.m.*)
- 11:30 Opportunity Drawings

Tax Deductible registration fees go to American Cancer Society and also entitle registrants to participate in Opportunity Drawings for

- 🌈 **Bicycling gear, GPS unit, Messenger Bag, and more!**

Complete and mail the attached Registration & Release Forms with registration fee today!

OR

Register Online at

www.IWSBaconsOfHope.org

REGISTRATION FORM

Hope, Hams, History, & Hospitality

BICYCLE TOUR 2010

One form/person

Name _____

Address _____

City / State / Zip _____

Email _____

Phone Day _____

Phone Cell _____

Emergency Contact _____

Phone _____

18 & Over ____ Under 18 ____

Preferred Ride:

____ Smithfield Family Ride (12 miles)

____ Fort Huger Ride (35 Miles)

____ Fort Huger & Chippokes Plantation (50 Miles)

Fees:

	Pre-Reg	Event Day	
12 Mile Ride (≥18)	\$20	\$25	_____
12 Mile Ride (<18)	10	15	_____
Other Rides (≥18)	40	50	_____
Other Rides (<18)	20	25	_____
Total			_____

Ask about our family & team discounts!

Make Tax Deductible checks payable to American Cancer Society

ALL RIDERS MUST WEAR HELMETS & SIGN RELEASE & ASSUMPTION OF RISK FORMS!!

RELEASE & ASSUMPTION OF RISK

This is a legal document. Please read and understand before signing. If you have questions, consult an attorney.

In consideration of my participation, I waive, release, discharge for myself, my heirs, executors, administrators, legal representatives (including successors), any and all rights and/or claims which I have, may have, or may hereafter accrue to me against the sponsors and promoters of the 2010 Hope, Hams, History, & Hospitality Bicycle Tour, or other sponsors or affiliated organizations and their respective agents, officers, and employees for any and all damages, injuries or claims which may be sustained by me directly or indirectly arising out of my participation in said Bicycle Tour. I, the undersigned, freely acknowledge and realize the dangers of participating in the 2010 Hope, Hams, History, & Hospitality Bicycle Tour and fully assume all risks including, but not limited to, collision with pedestrians, vehicles, other riders, and/or fixed or moving objects, the negligence of other riders, sponsors, promoters or drivers, and dangers arising from falls, road surface, equipment failure, inadequate safety equipment, weather conditions, as well as the possibility of physical and/or mental trauma (or injury). I understand that any route or activity chosen as part of our outdoor adventure may not be the safest, but has been chosen for its interest or challenge. I understand that the route requires bicycling on public roadways and in bad weather and that cyclists have been hospitalized and/or killed because of traffic mishaps that are either their responsibility or others' responsibility. I further agree that I will bear all expenses incurred in any such accidents. I realize that the 2010 Hope, Hams, History, & Hospitality Bicycle Tour requires physical conditioning and I represent that I am in sound medical condition. I have no physical or medical impediment which would endanger others or myself. I understand and agree that a situation may arise during the 2010 Hope, Hams, History, & Hospitality Tour which may be beyond the control of the sponsors, promoters, or organizers and agree to ride so as not to endanger either others or myself. I will wear a CPSC, ASTM or SNELL certified helmet when riding a bike during the 2010 Hope, Hams, History, & Hospitality Bicycle Tour. I will obey all Virginia traffic laws and regulations. I understand if I leave the route, I am no longer on the ride. The above agreements

and representations are my express understanding of the risks and I assume these voluntarily and freely without coercion or duress. This agreement may not be modified orally and may not be waived in any respect. I accept responsibility for the condition and adequacy of my bicycle and agree to abide by the rules of the 2010 Hope, Hams, History, & Hospitality Bicycle Tour relating to wearing a helmet, riding single file, wearing an identification tag, appropriate behavior, as well as other organization requirements.

Date _____

Signature: _____

Printed Name: _____

PARENT/GUARDIAN

Everyone under the age of 18 must have the following completed by both parents/guardians.

I as parent or guardian of the above named minor hereby give my permission and consent voluntarily and freely for my child to participate in the 2010 Hope, Hams, History, & Hospitality Bike Tour. I further agree individually and on behalf of my child to the above terms after having fully read the "Release and Assumption of Risk."

Signature (parent or guardian): _____

Printed name: _____

Signature (parent or guardian): _____

Printed name: _____

Mail with Registration Fee to:

Beacons of Hope
c/o Pat Wirth
20584 Southport Landing Place
Smithfield, VA 23430

For additional information contact:
pat@iwsbeaconsofhope.org