



The Spokin Word

Volume 52 Issue 1 February 2014

A BICYCLE-CRAZY STATE

The (Des Moines) Register's Annual Great Bike Ride Across Iowa (RAGBRAI) runs the last full week of July each year. It starts on Sunday at the state's western edge where you can dip your rear wheel in the Missouri River and ends on Saturday along the Mississippi where you can plunge your front wheel.

The April 1st application deadline is not a joke. The ride doesn't even start until July 20th. Lottery results for applications aren't until May 1st!. My guess is that the odds are probably in your favor to receive an official rider entry. The inaugural 1973 event, hosted some 300 riders. Now, the lottery maxes out at 10,000 riders. No, that is not a misprint.

The route is announced with great fanfare in January. I'm not sure how the routes are selected, but you can bet the Route Selection Committee is lobbied. In 2013, the winding route from Council Bluff to Fort Madison was one of the shortest weeks ever at 407 miles, probably because that part of Iowa is NOT flat. I was happy to use my 30T chain ring a couple of times, but even so, a number of hearty souls rode single speed bikes. It takes all kinds. Literally.

Never in your life will you see a greater variety of bikes. Mountain and road bikes, tandems by the hundreds, triples and quads, recumbents of all styles and even a couple of unicycles. The roads were largely well kept and mostly devoid of cars.



The mix of bikes was only matched by the variety of riders. Lots of riders wear team colors. Costumed riders, too and yes, Elvis was there. The physical challenge was quite evident on rider's faces in the hills and headwinds. The happiest bunch of riders you'll ever see peddling blissfully along. The accompanying ambulances roamed the roads ready on occasion to ply their trade if you had a bad day.

Make no mistake, RAGBRAI is an economic engine on human powered wheels. The overnight and pass-through towns pull out all the stops. Food and drinks abound in town and along the way. My favorites were the breakfast burritos, pancakes, pork chops and pies, lots of pies. It was all delicious. The pass-through city of Pella was beautiful and charming. with its windmills and church chimes that accents its Dutch flavor. In one activity, you could don wooden shoes and race with yokes of water buckets across your shoulders as the Dutch are pictured in days past. In this case, the water was mostly for splashing your opponent. Every town square is bustling with activities and entertainment.

Tents were the preferred sleeping arrangement. You put your gear in a RAGBRAI truck or, you can hire a business operation to haul it for you and serve all your needs. Or, you can bring someone along to drive your RV on a parallel route from town to town. I prefer to keep it simple and economical. Last year was my third time. Frankly, I prefer riding in small groups that include my wonderful wife, Pam. My 2013 RAGBRAI experience included my compadres, Gay Rehnback, Larry Hibbert, Joey Hallock and Dave Pugh, a great bunch for sure. RAGBRAI is an experience on wheels like no other. I'm sure I'll do it again when the right situation arises. I have until April 1st to decide.

Kim Whitley

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TBA's Mission

The purpose of the TBA is to promote and encourage the use of the bicycle as a means of recreation and transportation; to develop a physically fit, self reliant, well informed citizen; to uphold and support the rights of bicyclists; to encourage the use of facilities for bicycling on public lands; and to provide information in the interest of bicycling safety.

President's Corner

An important opportunity for our members to weigh in on the future of TBA will take place at our March 12th general membership meeting. A vote will approve or disapprove a board recommendation for TBA to further expand our activities for safer and better bicycling by operating as a charitable, public purpose organization.

You will find a formal announcement in this newsletter and in your email inbox. I strongly urge our members to attend this meeting and cast your vote.

Either way the ballot questions are answered, TBA will still be TBA. We will continue the same programs, events, and activities as current but with a renewed focus toward education, safety and sound public infrastructure.

On a different topic the Virginia General Assembly is back in session. There are at least three bike related bills up for consideration including laws related to 3 ft passing, anti-dooring, and motor vehicle following non-motorized vehicles too closely. Please stay tuned for advocacy alerts from our state and national organizations and help promote safer bicycling when the call goes out to contact your state delegate or senator.

Finally, the spring riding season is just about here. TBA needs ride leaders at all paces and levels. If you have a favorite ride, please share it! Contact touring@tbarides.org to sign up with your ride proposal.

Ride safely,
Bruce

TIDEWATER BICYCLE ASSOCIATION

P.O. Box 66522
Virginia Beach, VA 23466-6522
www.tbarides.org

Affiliations:

- Virginia Bicycling Federation
- The League of American Bicyclists
- Adventure Cycling Association
- USA Cycling
- Virginia Cycling Association
- Alliance for Biking & Walking

2014 TBA Calendar

March 8, 2014 TBA Chili Ride, location to be determined

March 12, 2014 TBA General Membership Meeting, 6:30-8:30 pm, Virginia Beach Central Library

April 26, 2014 Tour de Cure (10, 30, 65 and 100-mile routes), Kings Fork High School, Suffolk

May 17, 2014 38th Annual Knotts Island Century Ride

May 31—June 1, 2014 Bike MS (36, 75, and 100-mile routes each day, Cape Charles, VA

BIKE DONATIONS NEEDED

Since 1998 the Virginia Beach United Methodist Church has run a bike ministry where they recondition donated bikes for transportation by the working poor. The program is in need of donations of adult sized bikes. Receipts for tax purposes can be provided. If you can help please contact Dave Moore at Moo7587@aol.com or 757.407.2560.

VOLUNTEER OPENINGS

TBA currently needs volunteers for:

- **ride leaders—all paces and distances**

For more information contact Bruce at president@tbarides.org or call 757.647.3987

JOIN TBA

To join TBA as a new member, or to renew your existing membership, simply visit www.tbarides.org. There you will be able to quickly join or renew using a credit card, or you can print a TBA membership form and mail it back to us. **Join today— every voice counts!**

Registration is:

- \$30 for Families
- \$25 for Individuals

MARCH GENERAL MEMBERSHIP MEETING

TBA's next meeting will be held on **Wednesday, March 12, 2014** at the Virginia Beach Central Library.

Come at 6:30 pm to socialize; the meeting starts at 7:00 pm.

This meeting will have a business focus to vote on proposed changes

to TBA's non-profit status and governance. See the article and meeting notice on page 5 for more information.

Guests are always welcome!

February Touring Schedule

(Helmets are required for all advertised rides)

Saturday, February 1st

B Pace 8:00 am 65 miles Smithfield

TBA ride from the W. Branch Reservoir in Suffolk through Isle of Wight and Surry counties, with a lunch stop at the Smithfield Ice Cream Shop at the 50 mile point. Cue sheet, map, and directions on TBA website.

Leaders: Paul Gordy, 403-5914 or blueridgeyclist@gmail.com and Robert Shanks, 407-0917 or rjshanks13@gmail.com

From: Western Branch Fishing Station, Girl Scout Rd, Suffolk

From: varies – contact Fran Adams for location.

Friday, February 7th, 14th, 21st, 28th

C Pace 9:00 am 40 miles Chesapeake

TBA YESS group (Youthful Energetic Seniors) Friday weekly repeat ride. Friendly group! *NOTE: this is an 'Ad Hoc' ride during the winter months – please call Fran Adams to confirm whether the ride is on.

Leader: Fran Adams, 467-2775 (h) or 287-6593 (c)

From: Bike Beat Chesapeake, Edinburgh Commons North, 200 Carmichael Way, #608, Chesapeake

Saturday, February 1st, 8th, 15th, 22nd

"Swamp Stomp Ride"

A+ / B+ Pace 7:30 am 37–50 miles Chesapeake

We have 2 groups for this weekly repeat TBA ride: an A+ group and a B+ NO DROP group. Check out "The Swamp Stomp" on Facebook for ride/route updates.

Leaders: Pete Perritt 328-2135 and Rob Anderson 646-0246

From: intersection of Mt. Pleasant Rd. and Battlefield Blvd., Chesapeake, in parking lot of Education Annex

Saturday, February 8th

B Pace 8:15 am 55 miles Williamsburg

TBA ride on the "Old 55-mile Williamsburg Road Race Course", a scenic route with little traffic and a few rolling hills. Lunch afterwards at Pierce's BBQ in Williamsburg is optional. Cue sheet, map, and directions on TBA website.

Leaders: Paul Gordy, 403-5914 or blueridgeyclist@gmail.com and Robert Shanks, 407-0917 or rjshanks13@gmail.com

From: Meet at Waller Mill Park in Williamsburg (\$2.00 parking fee – gate to park opens at 8am)

Sat. & Sun., February 1, 2, 8, 9, 15, 16, 22, 23

A Pace 7:30 am 40–100 miles Location varies

Weekly repeat TBA ride. Cue sheets provided. Call first to confirm ride location and details.

Leader: Kim Aldridge, 615-6106 or kim@ballanceelectric.com

From: Contact Kim Aldridge (615-6106) for location.

Saturday, February 15th

B Pace 8:00 am 50 miles Smithfield

TBA ride from the W. Branch Reservoir in Suffolk through Isle of Wight and Surry counties, with a stop at the Smithfield Bakery at the 35 mile point. Cue sheet, map, and directions on TBA website.

Leaders: Paul Gordy, 403-5914 or blueridgeyclist@gmail.com and Robert Shanks, 407-0917 or rjshanks13@gmail.com

From: Western Branch Fishing Station, Girl Scout Rd, Suffolk

Saturday, February 1st, 8th, 15th, 22nd

"Cindy Lou's Coffee Shop Community TBA Ride"

C/D Pace 10:00 am 8–12 miles Norfolk

Weekly repeat TBA ride along different routes around Norfolk and stop for coffee or breakfast along the way. All ages and any type bicycles. Children with parent. Check Facebook page ("*Cindy's Lou's Coffee Shop Community TBA Ride*") for additional ride info.

Leader: Cindy Lewis, 622-0446

From: East Coast Bicycles (Ghent), 1910 Colley Ave., Norfolk

Sunday, February 16th

B Pace 1:30 pm 28 miles Va Beach

TBA ride from Kings Grant to the Chesapeake Bay (near Alexander's restaurant) and back, all along secondary roads. NO drops. If weather looks questionable, call first to confirm ride is still on.

Leader: Robert Shanks, 407-0917 or

Wednesday, February 5th, 12th, 19th, 26th

C Pace 9:00 am 30–40 miles Chesapeake

TBA YESS group (Youthful Energetic Seniors) weekly repeat ride along the Dismal Swamp Canal and other country roads. Location varies – call first to confirm.

Leader: Fran Adams, 467-2775 (h) or 287-6593 (c)

Ride Classification Legend

A Pace = 19 to 21 mph (few if any stops)

B Pace = 16 to 18 mph (some stops)

C Pace = 13 to 15 mph (stops each 10 to 15 miles)

D Pace = 10 to 12 mph (or slowest rider; several stops)

February Touring Schedule

(Helmets are required for all advertised rides)

rjshanks13@gmail.com

From: Home Depot parking lot (3352 Va Bch Blvd), behind Hardee's

Saturday, February 22nd

B Pace 8:00 am 65 miles Smithfield

TBA ride from the W. Branch Reservoir in Suffolk through Isle of Wight and Surry counties, with a lunch stop at the Smithfield Ice Cream Shop at the 50 mile point. Cue sheet, map, and directions on TBA website.

Leaders: Paul Gordy, 403-5914 or blueridgecyclist@gmail.com and Robert Shanks, 407-0917 or rjshanks13@gmail.com

From: Western Branch Fishing Station, Girl Scout Rd, Suffolk

Saturday, March 8th

TBA Chili Ride

Save the date – details coming soon!

Saturday, March 9th

March "Pedal Up to Clean Up" Ride in Suffolk

**Any Pace 1:30 pm Up to 5 miles riding;
<1 mile picking up litter North Suffolk**

In cooperation with Keep Suffolk Beautiful, this will be a special TBA ride to raise awareness and demonstrate support for cleaner roads to cycle on. We will meet at a central location in the North Suffolk area at 1:30pm, then cycle to different locations to conduct litter pickup. Trash bags and gloves provided.

Leader: John Deuel, 757-284-7041 or jdeuel@me.com. Also see the blog at: johndeuel.com.

From: Contact John Deuel (284-7041) for location.

Weekly Repeat Rides

Check TBA's website www.tbarides.org for the latest listing of repeat rides. Some rides may be on a seasonal hold until Daylight Savings Time returns. Check with the ride leader to confirm the ride.

Ride Classification Legend

- A Pace** = 19 to 21 mph (few if any stops)
- B Pace** = 16 to 18 mph (some stops)
- C Pace** = 13 to 15 mph (stops each 10 to 15 miles)
- D Pace** = 10 to 12 mph (or slowest rider; several stops)
- All Paces rides** = Each rider is given a cue sheet and can proceed at his/her own pace.
- ATB** = All Terrain Bike rides

Light Rail System Public Info Sessions

Hampton Roads Transit will hold two public sessions in February regarding the extension of the Light Rail System in Virginia Beach:

Monday, February 10, 2014, 6:00-8:00 pm

Westin Virginia Beach Town Center
4535 Commerce Street
Virginia Beach, VA 23462

Wednesday, February 12, 2014, 6:00-8:00 pm

DoubleTree by Hilton Virginia Beach
1900 Pavilion Drive
Virginia Beach, VA 23451



These public information sessions will provide an update on the on-going analyses being conducted as part of the Virginia Beach Transit Extension Study Draft Environmental Impact Statement. Information will be presented on the projected capital costs (construction-related) for the Hilltop Area Alignment.

The meeting will also present the preliminary results of the environmental analysis for the Virginia Beach Transit Extension Study.

The meetings will have a presentation followed by a question and answer session with HRT staff. The public will also have the opportunity to discuss the night's topics on an individual basis with HRT and consultant staff following the presentation.

All cycling advocates are encouraged to attend and show your support for a bike trail down the light rail corridor. Please come to the meeting that is most convenient to you. For more information on this important project, contact Bruce Drees (president@tbarides.org) or Dan Koach (advocacy@tbarides.org).



IMPORTANT TBA MEETING NOTICE

TBA will conduct a vote by the membership on a proposal put forth by the board of directors on whether to amend TBA's purpose to expand to a charitable, public purpose organization including proposed changes in our form of corporate governance.

This vote will take place at the regular general membership meeting to be held on **Wednesday, March 12th, 2014**, at the City of Virginia Beach Central Library, 4100 Virginia Beach Blvd. The formal meeting and vote will take place starting at 7 pm or shortly thereafter.

In accordance with TBA's bylaws, any member in good standing may exercise a single vote. Voting must take place in person. A "yes" vote by two-thirds of the members present are required in order to approve the proposed changes.

The planned vote will approve or disapprove the following two questions affecting TBA's Articles of Incorporation, Bylaws, and IRS status:

Question 1

Shall the Tidewater Bicycle Association expand to a charitable, public purpose organization with tax exempt status under IRS Section 501(c)(3)?"

Yes___ No___

Question 2

Shall Article IV of the Tidewater Bicycle Association Bylaws be amended by inserting new: "Section 3a. Directors shall be nominated by a Nominating Committee of three persons appointed by the president. The nominating committee shall have at least one member who is not a director drawn from the general membership."

Yes___ No___

Question 3

Shall Article VIII of the Tidewater Bicycle Association Bylaws be amended by replacing Sections 1 and Section 2 with: "Section 1. The board of directors may establish or disestablish committees and may delegate authority to these committees in order to meet specific organization goals and tasks as deemed necessary."

Yes___ No___

Question 4

If the membership approves Question 3, then shall the Tidewater Bicycle Association amend its Articles of Incorporation and Bylaws to change TBA's form of corpo-

rate governance from membership based to a self-perpetuating board of directors as outlined in subparagraphs a-e below?

Amend Article 3 of the Articles of Incorporation by replacing "Each member shall be entitled to one vote" with "The corporation shall have one or more classes of members with such designations, qualifications and rights as set forth in the by-laws."

Amend Article 5 of the Articles of Incorporation by replacing "The board of directors shall be elected annually by members of this corporation" with "The management of the affairs of the corporation shall be vested in a board of directors, whose composition, number, term of office and manner of election shall be defined in the corporation's bylaws."

Amend Article 5 of the Articles of Incorporation by appending new paragraph "5(b) Any amendment to the Articles of Incorporation may be adopted by approval of two-thirds (2/3) vote of the board of directors."

Amend Article IV Section 4 of the TBA Bylaws by replacing it with: "The Board of Directors shall be self-perpetuating in that they will elect their successors for terms and in numbers as described by these Bylaws. Simple majority of the board members present at a board meeting in which a quorum exists will determine election of Directors."

Amend Article XII of the TBA Bylaws by replacing Sections 1 through 3 with: "Section 1. The board of directors, upon a two-thirds vote may amend, update, or replace these Bylaws. Section 2. These By-laws and/or amendments thereto shall become effective upon approval, unless otherwise specified."

Yes___ No___

The board of directors **recommends voting Yes** for the above amendments to our governing documents.

GET REWARDS FOR GREENER TRIPS

You can earn rewards when you walk, cycle, telecommute, carpool, take mass transit (bus, ferry, or light rail), work a compressed workweek. NuRide is the largest commuter rewards program that awards \$10 gift cards for every 10 trips on which you do not drive alone. Whether you cycle to a store or to see a friend or take light rail downtown, you can earn rewards for making your trip greener. Go to www.nuride.com and register for free.

Bike Commuting During the Winter Solstice

The sun has not yet risen but it is still time to leave even though I haven't looked at a clock. I know because a *Moment in Time*, a history segment, is now playing on the local NPR radio station, which means it is now 6:35 AM. It is the beginning of a routine that becomes part of your life as a commuter but becomes more personal on a bike.



I have already checked the morning temper-

ature and forecasted weather for the commute home and now hope to leave at the exact time as I did yesterday. This exactness is for a reason. I reason that if I encounter the same drivers each morning at the same locations, it makes it a safer commute.

Seven years ago when I had the good fortune to transfer to a school only 5 miles away from my home, I would get occasional honks from drivers along my route, now we all dance together in the darkness. They give me space where I need it, and I return the favor whenever I can. As I leave my cul-de-sac, the police captain pulls out of his driveway in his truck as I pass his house with my blinking white and red bike lights. Now, we both know we're on time.

As I pedal around the circular drive toward my subdivision exit, I see the two dogs in the darkness before I can make out their owner's face. I know this will be the deputy sheriff who comes into my classroom to teach a Drug and Alcohol Awareness class to my fourth graders. We say our hellos as we pass the same location each morning if we are both sticking to our schedules.

I then pass a group of high school students who are waiting for their school bus at the entrance of the neighborhood, and I wish they could have the freedom and independence to ride their own bikes to school.

My next scheduled encounter will be "Billy" driving the yellow school bus which drops off students at my elementary school. He honks and I wave as we pass each other on the bridge as he makes his way to the local high school. He is dressed as Santa as it is the season of the winter solstice. I can gauge my progress by where we pass as Billy is like a well-run clock and never deviates from his schedule.

Some day in the future, I won't see Billy, as he now has cancer and the prognosis is not good. Life changes,

as the seasons change. I experience this as the people I no longer see today on this winter solstice. I used to pass an elderly gentleman in his robe and slippers as he would come to the end of his driveway to retrieve his newspaper, but no more. He lived across the street from another teacher at my school and when I inquired on not seeing her neighbor for several weeks she informed me that he had collapsed inside his house and was now in a nursing facility.

A bike commute slows down your life and makes you aware of the rhythms of the neighborhood you would not



have in a car. I pedal slow enough to wear the clothes I will wear in my classroom, and the cold temperature allows me to easily regulate my body temperature. Fifteen minutes later I'm at the top of a broad avenue before I begin the gentle one mile descent to my school.

I always get the red traffic light here but I never mind. In the spring I might be passed along this avenue by some riders from Fat Frogs as they work their way to Pungo, but not on this winter morning. The sun rays are beginning to illuminate the sky, and it is always worth my undivided attention for the time it takes to get a green light.

There is one more person who is missing from my route. It was another elderly man who would be walking his collie as we exchanged our daily greetings. After passing each other for many years, he was no longer there. I finally understood why when weeks later I overheard one of his neighbors explaining to another that the man's dog of many years had died of cancer and he no longer had his companion. Information that I would not of been privy to if I was enclosed inside my car.

Now I'm at the entrance to my school and I'm treated to the wondrous sight of a flock of geese flying in formation and then their sounds as they begin their honking as they descend into the pond across the road from my school. The sky is now pink from the sun low on the horizon, and I am so thankful that I had 30 minutes of a quiet commute in the outdoors connecting with my community one person at a time.

MS Fundraiser Night



Friday March 7, has been designated Multiple Sclerosis (MS) Awareness Night by the Norfolk Admirals hockey team. The team will be playing the Hershey Bears, and a portion of the ticket sales will benefit the National Multiple Sclerosis Society.

Multiple sclerosis is an immune system attack against the central nervous system—the brain, spinal cord and optic nerves.

For the past 32 years, TBA members have supported the local MS chapter and its MS150 bike ride. In fact, TBA past president Rick Powell was instrumental in establishing the bike ride as a signature event for the local MS chapter. Ten years ago the TBA bike team branded itself as the Cycling Legs Against Multiple Sclerosis (TBA CLAMS), and one way the team raises funds is through concession sales at Norfolk Scope Arena.

The CLAMS will be at Scope on March 7 at the concession stands near Gate 12 and at beer portables located on the concourse. Come help support TBA's team in its fund raising efforts to find a cure for this disease. 100% of the commissions paid and donations received at Scope are donated to the Central & Eastern Virginia Chapter of the National Multiple Sclerosis Society.



The hockey event occurs thanks to the efforts of Norfolk Admiral's Left Wing John Kurtz whose father lives with MS. John furthers his efforts to support the MS community by donating additional funds for every Admirals win. Come out and cheer on the team to a win!

Tickets are available through March 5 at the reduced price of \$11 by using group code MS Society Awareness Night at http://norfolkadmirals.com/group_sales_intro.php

A portion of every ticket sold through the group code will come back to the local chapter, so spread the word to your family, friends, and co-workers. After March 5, regular priced tickets (\$19) will be available through the standard ticket outlets (Scope Box Office, any Ticketmaster Outlet, charge by phone at 1-800-745-3000 or online at ticketmaster.com).

Bike MS: Virginia's Ocean-to-Bay Ride 2014 will be held May 31—June 1 on the Eastern Shore. For information on our MS150 team, contact co-captains Polly and Joe Frease at 481-9474 or pfrease@cox.net We'll see you at Scope on March 7th!

Share Your Story

Have you been dreaming about warmer weather and what new cycling adventures you will pursue in the coming months? Are you participating in a race or organized event? Please share your cycling stories and interests with your fellow members. Articles may be of general interest or may report on an upcoming or recently completed event are always welcome.

If you have ideas, but need help in writing or researching an article, please let me know. Pictures are also a great way to communicate your story so please forward them along with any article. Front page articles can be 350-500 words and shorter articles appear elsewhere in the newsletter. Please ensure that your submission gives credit to any sources, if applicable. Thanks for sharing!

Tim Whited, editor
(editor@tbarides.org)

2014 TBA Officers and Committee Chairs

Board		
President	Bruce Drees	president@tbarides.org
Vice President	Travis Davidson	vp@tbarides.org
Secretary	Cindy Meier	secretary@tbarides.org
Treasurer	Debbie Drees	treasurer@tbarides.org
Director	Joe Frease	jrfrease@cox.net
Director	Pat Benish	teamintraining@tbarides.org
Director	Rob Anderson	bobeche2003@yahoo.com
Director	Dan Koach	advocacy@tbarides.org
Director	Sam Gillette	sam.gillette@cox.net
Director	Mike Evans	mike.evans@tbarides.org
Director	Kim Whitley	kim.whitley@tbarides.org
Committees		
Advocacy	Dan Koach	advocacy@tbarides.org
Membership	Wayne Wilcox	membership@tbarides.org
Newsletter	Tim Whited	editor@tbarides.org
Publicity	Fran Adams	publicity@tbarides.org
Touring	Robert Shanks	touring@tbarides.org
Team in Training	Pat Benish	teamintraining@tbarides.org
Tour de Cure	Mike Rogers	mikerogers53@cox.net
TBA CLAMS	Joe & Polly Frease	pfrease@cox.net

New Year's Day Ride

Mother Nature was kind to us on January 1st and approximately 40 cyclists came out to participate in the 16th Annual Frank Penello Memorial New Year's Day Ride, led by Robert Shanks. By comparison, only 3 riders braved the inclement weather a year ago. Sunny skies, light winds, and temps in the mid-



to upper 40's made for inviting conditions for enjoying this

traditional ride to ring in the New Year. We cycled about 20 miles, from Wards Corner to Norfolk Waterside (partly along the Elizabeth River Trail) and back, with fairly light traffic, spreading "Happy New Year!" cheers to those we encountered along the way.

Many thanks to all who came out and made this ride such a success, and also to Fran Adams, Bruce Drees, and Travis Davidson for helping to lead all the various groups.

Robert Shanks

Stuck on Red?

The Code of Virginia § 46.2-833(B) states:

"Notwithstanding any other provision of law, if a driver of a motorcycle or

moped or a bicycle rider approaches an intersection that is controlled by a traffic light, the driver or rider may proceed through the intersection on a steady red light only if the driver or rider:



- (i) comes to a full and complete stop at the intersection for two complete cycles of the traffic light or for two minutes, whichever is shorter,
- (ii) exercises due care as provided by law
- (iii) otherwise treats the traffic control device as a stop sign
- (iv) determines that it is safe to proceed, and
- (v) yields the right of way to the driver of any vehicle approaching on such other highway from either direction.

OR CURRENT RESIDENT

Tidewater Bicycle Association
P.O. Box 66522
Virginia Beach, VA 23466-6522

