



The Spokin' Word

December 2015

As we end the year with family, friends, and many holiday festivities, the TBA would like to extend a wish for a happy holiday season for all and the wonderful New Year!

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President's Corner

It has been my pleasure to serve as the TBA President and on the TBA board for the last three years. I have enjoyed meeting many of you and serving with many of you at TBA events. Our 8 month old son gets nearly all my free time now so it is time for me to transition back to TBA member.

I do want to announce that Bruce Drees is returning to serve as TBA president in 2016. This will be Bruce's 4th year as TBA President so our organization will move forward with experience leading it.

Ride safe and have a happy holidays!

Travis Davidson

2015 in Review:

2015 held many activities and events in the cycling community. We started the year with the 17th Annual Frank Penello New Year's Day Ride with great success. In Chesapeake the TBA celebrated the 23rd annual Peter Teeuwen Memorial Ride. The January membership meeting reviewed the South Hampton Roads Trail with city reps from Norfolk, Portsmouth, Chesapeake and Suffolk on hand to talk about their trail sections and answered many great questions from members.

In March, the TBA held the Annual Chili Ride at Smartmouth Brewery in Norfolk. Due to the icy road conditions, the ride was canceled, but the chili and socializing provided good food and good company for a cold morning. The March membership meeting held in Norfolk's new Slover library provided the many local events, charities, and groups to meet and greet the members and provided important networking and goal sharing.



In May the TBA's signature event, the 39th Annual Knott's Island Century was a huge success. In June a Bike to the Tides event was held to help promote the need for bike racks and a fun afternoon of social biking and baseball. The 4th of July Ride and Social was held in Northwest River Park in Chesapeake. In September the general membership meeting





featured Paul Gordy as he shared his 9-day loaded cycling tour around the beautiful state of Maine, including Acadia National Park / Bar Harbor. TBA was an important presence at the Elizabeth River Trail Ribbon Cutting Ceremony. This completed the Lambert's Creek portion of the trail and is often in use by cyclists in our community.

The November membership meeting featured Kim Whitley's cross country tour ride from Maine through Minnesota. The TBA Fall Celebration Ride & Picnic in Smithfield was a great time riding through the countryside. The hot dogs and chili provided by Sam & Peggy Gillette was great appreciated by the many hungry cyclists as they finished the 25 and 35 miles routes.

In late November, Paul Gordy and Robert Shanks led a group of ~40 cyclists on a 104-mile ride from Jamestown to Richmond & back on the newly-completed [Virginia Capital Trail](#).

Upcoming Events:

This December please join us for the Annual Holiday party at Frankies Place for Ribs in Virginia Beach. We will have door prizes, dinner, and socializing. Registration for this event is now open and encouraged. We look forward to celebrating a great year with you all. You can sign up here: [TBA Holiday Party](#) **Registration closes after Thursday, December 3.**

Start the New Year right with a ride through downtown Norfolk. With the holiday, many of the usually busy Norfolk streets will be empty and we will be enjoying the ride! Save the Date and check out the details as the time comes: [18th Annual Frank Penello New Year's Day Ride](#)

The 24th Annual Peter and Gerald Teeuwen Memorial Ride will be held on Sunday, January 10th from Grassfield Ruritan Club in Chesapeake. Save the date.

Our next general membership meeting will be on January 13, 2016 at the Virginia Beach Central Library. Additional details will be provided via e-mail and on the website.

TBA Updates:

The website will soon be getting a much needed face lift. Changes should be expected in December so the New Year will start with a new look. If there are any suggestions or requests regarding the website, please notify a member of the board so they can pass it along to the website managers.

The TBA also has a secondary online presence as an open group on [Facebook](#) where all members and non-members alike can share, post, and participate in friendly discussions. If you're not already a member, please check it out. There are also pending plans for a secondary Facebook page that is separate from the group for official TBA announcements.

A Call to Members:

The 2016 TBA Board of Directors would like your help. If you or anyone you know would be able to help volunteer for events, please let us know. We are always looking for helping hands and truly appreciate all the hard work that everyone puts into each and every event and ride. If you have any ideas for future rides, events, charities, education opportunities, or advocacy needs please be sure to speak with a board member.

Be sure to check the website regularly for rides, news, and other helpful information.

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